

Palliative Care Volunteering

Volunteers in palliative care offer friendship and practical help that improves the quality of life of adults and children living with a life limiting illness and their families. The support of volunteers can also make it more possible for a person to receive care and to die at home.*

This fact sheet aims to link organisations providing services and support to useful websites with resources and information about volunteering to encourage organisations to consider how they could include volunteering options into their services and supports.

What is volunteering?

"The term 'volunteering' covers a wide diversity of activities in Australian society. It includes formal volunteering that takes place within organisations (including institutions and agencies) in a structured way, and informal volunteering, acts that take place outside the context of a formal organisation."

*Volunteering Australia***

Recommended websites

- **NSW Volunteer Support Services Programme: The Volunteer Hub**
 - Palliative Care New South Wales administers the *Volunteer Support Services Programme* with an aim to champion palliative care volunteering across the state. They provide resources, education, and support to palliative care volunteers and volunteer services and work towards building capacity in the NSW sector.
 - volunteerhub.com.au
- **VIC Palliative Care Volunteering Resources**
 - A dedicated area of the Palliative Care Victoria website focuses on volunteering, including volunteering resources, education and stories.
 - pallcarevic.asn.au
- **CareSearch - Training to help you help others with palliative care**
 - CareSearch is the Australian palliative care knowledge network. On their website, there is a dedicated area with online learning resources for volunteers
 - caresearch.com.au
- **Volunteering North Queensland**
 - They provide information and local resources related to volunteering in North Queensland.
 - vnq.org.au
- **Volunteering Queensland**
 - Volunteering Queensland provides information and resources related to volunteering in Queensland.
 - volunteeringqld.org.au

* Palliative Care Victoria (2022) <https://www.pallcarevic.asn.au/page/73/introduction-to-volunteering>

** Volunteering Queensland (2022) <https://volunteeringqld.org.au/volunteers/definition-of-volunteering>

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